



Seaville Kids Triathlon

326 Lincoln St.
Coopersville, MI 49404

Seaville Kids Triathlon

Tuesday August 4th, 2009 at 6:00
Seaville Swim Club, Coopersville MI

Pro-Tech
Heating & Cooling
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(616) 997-1000

NORTHERN
PHYSICAL THERAPY, THE JAMES M. FREEDER
616.997.6172

Top Of The World
GRANITE, Inc.
616.791.7444

217 W. Randall St., Coopersville, MI
616.997.8989

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800-227-6595

Seaville Swim Club
465 Phe • COOPERSVILLE
997-6436

DEDDINO'S PIZZA

DR. JAMES WASWICK
Chiropractor
Natural Health Care
(616)997-8880

6:00 P.M.

(check in time is 4:30, road closes at 5:45)

Make checks payable to and mail to:
 Registration Deadline July 17th
 Entries determined on a first come first serve basis
 Late entries NOT guaranteed a shirt

Seaville Kids Triathlon
326 Lincoln St.
Coopersville, MI 49404

Name: (Last, First) _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Age (on date of race): _____

Email: _____
(Email information preferred. Used only to inform you on upcoming race details.)

T-Shirt Size: Child: SM MED LG
 Adult: SM MED LG XL

WAIVER: I know that participating in this event is a potentially hazardous activity. My child should not enter and run unless medically able and properly trained. I agree to abide by any decision of a race official relative to my child's ability to safely complete the event. I assume all risk to my child associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the condition of the roads, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of your accepting my child's entry, I for myself and anyone entitled to act on my behalf, waive and release the sponsors, their agents, and promoters, from all claims of liability of any kind arising out of my child's participation in pictures, recording, or any other record of this event for any legitimate purpose.

Signature of Parent or Guardian _____ Date _____

ATHLETE IS UNDER 14: This is to certify that my son/daughter has my permission to compete in the Seaville Kids Triathlon, is in good condition, and that race officials have my permission to authorize emergency treatment if necessary.

3rd Annual

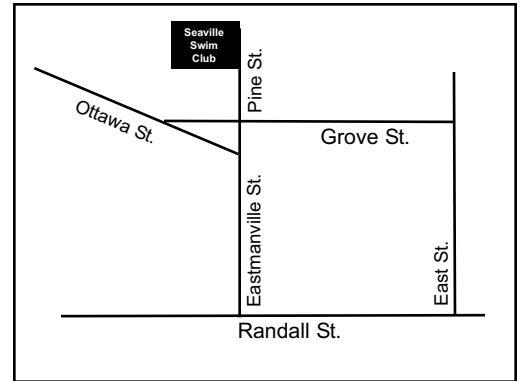


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Tuesday August 4th, 2009 at 6:00
Seaville Swim Club, Coopersville MI

The Seaville Kids Triathlon is a fun, unique opportunity to promote exercise and a healthy lifestyle for children. The Seaville Kids Triathlon is for children ages 14 and under. An adult is allowed to run/bike/swim next to a child if needed. (To maintain safety, registration is limited to the first 150 registrants. Registration fills quickly.)

Date: Tuesday, August 4th, 2009
 Time: 6:00 P.M. (check in time is 4:30, road closes at 5:45)
 Location: Seaville Swim Club (see map)
 465 Pine St, Coopersville, MI 49404
 Ages: Boys and Girls 14 and under
 Entry Fees: \$18.00 with T-shirt



*****USAT REQUIRES PROPERLY FITTING HELMETS FOR ALL PARTICIPANTS.*****

*****SEAVILLE SWIM CLUB REQUIRES SWIMSUITS, STREET CLOTHES NOT ALLOWED.*****

Registration deadline is July 17th.

AGE	RUN	BIKE	SWIM
5 & under	60 yds	60 yds	1 width
6-7	1/4 mile	1 mile	50 yds
8-9	1/2 mile	1 1/2 miles	50 yds
10-11	1/2 mile	2 miles	100 yds
12-14	1/2 mile	3 miles	100 yds

Questions/Information Call: 616-997-9977 or 616-723-1198

www.SeavilleKidsTriathlon.Weebly.com

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BREAKAWAY BICYCLES & FITNESS
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